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DUATHON 15 teams of three. One relay race. Who will take home the gold? **BENCH PRESS COMPETITION** Compete in your weight class for a trophy & bragging rights! **HACATHON HALF TIME** Youth games, obstacle course & mile run Hosted by Dynamic Soccer (Ages 8 – 14) **ZUMBA PARTY**

SATURDAY

OCTOBER 1

11 AM - 3 PM

Shake it off & dance it out!

RESTORATIVE YOGA

